

Eat More Pizza & Chocolate *and Lose Weight*

Yes, You Can!

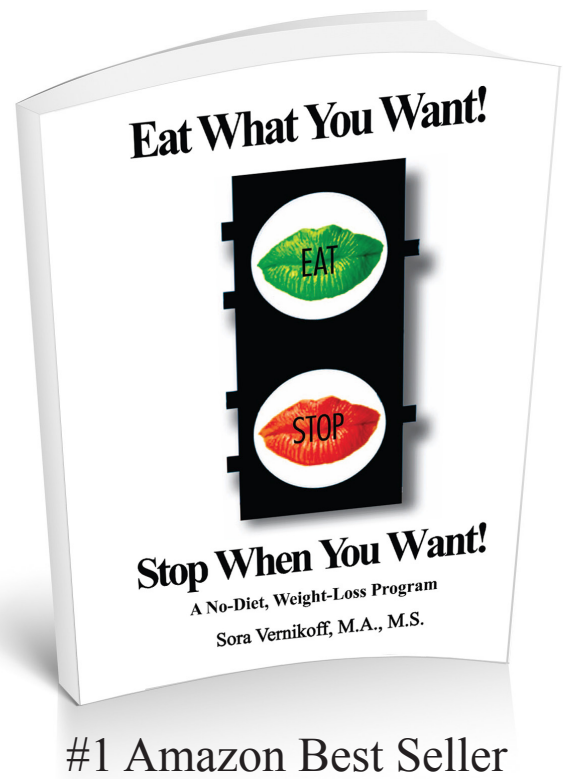


Sora Vernikoff is a No Diet, Weight-Loss Coach who healed herself of compulsive overeating and has helped hundreds of unhappy dieters do the very same thing. Sora teaches her program to private clients both online, offline, has spoken at Lennox Hill Hospital, The National Academy of Television Arts & Sciences, and has also taught her Program at The Learning Annex and at the office of a leading New York endocrinologist.

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Availability: Nationwide by arrangement
Based in New York City, New York



Story Ideas

1. Eat More Pizza & Chocolate AND Lose Weight
2. Secret to Eating One and Only One Potato Chip
3. Live on air - Learn How to Never Pig Out Again
4. The Biggest Mistake Parents Make with Overweight Kids
5. Travel Foodie: Learn to Eat What You Want and Not Gain Weight
6. Be Your Best Work Place Self: Think Less About Food
7. A Mind Workout - Think Less About Food

Media Experience

Healtho 360 Video Interview
The Author Show Radio Interview
Self Discovery Radio Interview
The San-IT Project Podcast Interview
The Senior Zone Radio Interview
Radio Common Sense Interview
Today's Talk 1490 Radio Interview